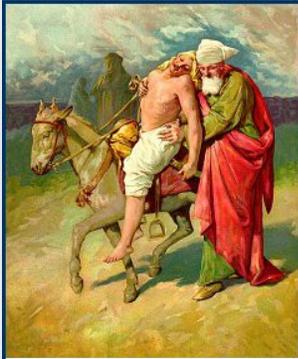


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# New Horizons Newsletter



Director

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[www.newhorizonscounseling.com](http://www.newhorizonscounseling.com)

ISSUE

MAY - June 2013



*"May the Lord show you His favor and give you peace."*

(Nu. 6:26)

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## *We need your help!*

### **Move to the Atlanta Metro Area (Suwanee, GA)**

To our valued clients and friends,

After much prayer and consideration my wife Linda and I have felt led to move New Horizons Institute of Counseling ministry to the Atlanta metro area in Suwanee, GA. I will continue to see clients here via webconferencing and telephone counseling.

I'm writing to ask for your prayer and donations. As you know with Christian counseling, we have always found it important to see people even if they could not pay and as you could imagine, like many of you we live day to day knowing the Lord will provide our needs. As you know, relocation will cost a lot of money and we are believing the Lord will provide through the generous support of people like you.

Having been blessed to work with clients in the Daytona Beach area for over 30 years, we did not make this decision lightly and feel our calling is to continue the ministry while fully embracing our role as grandparents!

So, the part that I have never liked doing in all the years doing this has been asking for donations, however I must ask for your prayerful consideration and support.

As always, your contributions to the ministry are tax deductible and will go toward bringing our mission of seeking true recovery to replace pain with healing peace in so many people in the Atlanta area.

If you would like to opt-out of this newsletter email: [healing@newhorizonscounseling.com](mailto:healing@newhorizonscounseling.com)

New Horizons Institute of Counseling, 4645 Clyde Morris Blvd., Suite 408, Port Orange, FL 32129  
386-760-0445, Toll Free 888-760-0445

To donate, click below or follow this link where you may donate by credit card or checking account through PayPal.

In Christ,

Dr. Pierre and Linda Samaan

[healing@newhorizonscounseling.com](mailto:healing@newhorizonscounseling.com)

Port Orange Office (386)-760-0445

Transition phone number (After June 28) (678)-348-NHIC (6442)

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**UNITED BRETHREN IN CHRIST FOOD PANTRY**

**560 FLOMICH STREET**

**HOLLY HILL, FL**

**EVERY TUESDAY & THURSDAY**

**9 AM TO 1 PM**

**EVERY SUNDAY**

**Immediately upon conclusion of the 9:00 AM & 11:00 AM service and  
only for those who attend the Sunday service**

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## 1<sup>st</sup> Quarter 2013

**250,004 lbs of FREE food feeding 32,000 empty stomachs**

**Retail value \$390,140.30**

**Cost to church \$10,059.67**

**BE A PART OF THIS BLESSING;**

**SEND DONATIONS FOR THE FOOD PANTRY TO THE CHURCH**

**\$WE BUY THE FOOD FOR PENNIES ON THE DOLLAR WITH YOUR DONATIONS\$**

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**New Horizons Institute of Counseling/**

**United Brethren Counseling Ministry**

**A Faith Based outreach ministry and mission of the United Brethren in Christ Church**

**560 Flomich Street, Holly Hill, FL 32117**

**Counseling Office:**

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**Church: [www.ubichollyhill.com](http://www.ubichollyhill.com)**



**\*YOU CAN READ OR DOWNLOAD PREVIOUS NEWSLETTERS IN THE "ARTICLES" SECTION OF OUR WEB SITE.**

**"Seeking True Recovery to Replace Pain With Healing Peace."**

*Clinical Christian Counseling/Clinical Pastoral Counseling is crisis intervention and strengthening of Christian character and values, which is Discipleship. Our Ordained and Professional Clinical Christian Counselors are committed to the welfare of the Christian. Clients are encouraged to take advantage of their own church programs as part of their Christian Counseling Treatment Plan. We are credentialed professionals who must follow state confidentiality guidelines. Lay Counseling is helpful and encouraged. For more serious issues seek the Ordained Clinical Christian Counselor who will be able to give you the added security of guaranteed confidentiality and professional Christian Counseling.*

*Professional Clinical Christian Counseling will help the client, couple, or family move*

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*beyond tolerable existence into genuine inner healing, renewal, and wholeness through the work of God's Holy Spirit in the counseling.\**

*Tolerable recovery is the process of getting better. True recovery says, "I made it!" This is when I can look at the source(s) of my pain - which has become a stronghold - and realize it has been replaced with God's healing peace - Replacing the source pain with God's Truth.*

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**\*Clinical Christian Counselors are exempt from Florida State Licensing, Statute 491.014. All Christian counselors at New Horizons Institute of Counseling are Ordained Clergy, Board Certified & Licensed by the National Board of Examiners of the National Christian Counselors Association. We serve under the authorities of our licensing boards and the Pastor and Board of the UB church.**

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## **NEW RESEARCH FINDINGS**

### **[Alcohol Intake Increased Amongst Adolescent Girls, Raising Specific Health Risks From Overconsumption](#)**

Alcohol consumption by adolescent girls has increased substantially - now on a par with boys - and this may be influenced by alcohol advertising, argues an editorial in *CMAJ* (Canadian Medical Association Journal) Research shows that alcohol advertising in general and alcohol consumption by adolescents have both increased over a similar period.

Read more: <http://www.medicalnewstoday.com/releases/261629.php>

### **[More Child Poisonings Following Marijuana Legislation, Colorado](#)**

More children are ending up at hospital emergency departments after unintentionally ingesting marijuana following the modification of drug enforcement laws for marijuana possession in Colorado, says a new report published in *JAMA Pediatrics*. Read more:

<http://www.medicalnewstoday.com/articles/261074.php>

### **[ADHD Medications Don't Lead To Drug Or Alcohol Abuse](#)**

Children who are on attention-deficit/hyperactivity disorder (ADHD) medications are not at an increased risk of drug addiction or abuse later on, says a new study published in *JAMA Psychiatry*. Read more: <http://www.medicalnewstoday.com/articles/261180.php>

### **[Pioneering Study Demonstrates Benefit Of Imaging Technique In Identifying Bipolar Disorder](#)**

MRI may be an effective way to diagnose mental illnesses such as bipolar disorder, according to experts from the Icahn School of Medicine at Mount Sinai. In a landmark study using advanced techniques, the researchers were able to correctly distinguish bipolar patients from healthy individuals based on their brain scans alone. Read more:

<http://www.medicalnewstoday.com/releases/261590.php>

### **Lifestyle Changes May Reduce Migraine Frequency**

Some lifestyle changes, including getting adequate sleep, the right diet, exercise, and proper rehydration can help reduce the number of times you get migraines, says Dr. Robert Sheeler, who works at the Mayo Clinic, Rochester, Minnesota, USA. Read more: <http://www.medicalnewstoday.com/articles/261727.php>

### **Infant Brains Benefit From Breastfeeding**

A new study by researchers from Brown University finds more evidence that breastfeeding is good for babies' brains. The study made use of specialized, baby-friendly magnetic resonance imaging (MRI) to look at the brain growth in a sample of children under the age of 4. Read more: <http://www.medicalnewstoday.com/releases/261626.php>

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